

# Mental Health News

## MOSAIC Family Team

The Mental Health News e-bulletin is a daily bulletin issued by the Mental Health Improvement Programme (MHIP) containing an item relating to a Mental Health issue, development or outcome in the North West.

The aim is to bring awareness to our stakeholders about service improvement and innovative projects underway in Mental Health across the North West, and to encourage you (the reader) to act as vehicle for ensuring that you or your organisation is engaged with the work where applicable.

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MOSAIC Children of Substance Misusing Parents Service provides care planned interventions for young people age 5 – 25 that are affected by parental substance misuse. Children affected by parental substance misuse can experience a range of issues and feelings associated with parental substance misuse. This includes coping with anger, resentment and guilt. Children may experience behavioural or mental health problems and start to use substances them selves as a coping mechanism. This service forms part of MOSAIC Young Peoples Drug and Alcohol Service, this service is run in partnership with NHS Stockport and Stockport Council.

The aim of the Children of Substance Misusing Parents Service is to reduce the harm to children of substance misusing parents and by intervening at an early age prevent these vulnerable children becoming tomorrow's problematic substance misusers.

This has been achieved by:

**Working in partnership with Primary Schools.** MOSAIC has joint working agreements with 58 primary schools. School staff are trained and supported to identify families affected by substance misuse and provide low threshold interventions for children within a normal environment (school).

**MOSAIC Therapeutic interventions.** For children with more complex needs MOSAIC Family workers undertake a full comprehensive assessment and develop, in partnership with the young person, a therapeutic package of care. Interventions provided build protective factors/resilience. Work may focus on emotional literacy, building self-esteem and confidence, problem solving and helping the young people develop positive coping strategies.

**MOSAIC Activities.** Children can also access activities provided by or arranged by MOSAIC including structured group work programmes and activities e.g. drama classes. Accessing these programmes can help children feel less isolated.

The team's hard work, dedication and professionalism have made a real difference to many children's lives. For more information contact Louise Lees via [louise.lees@stockport.gov.uk](mailto:louise.lees@stockport.gov.uk) or 0161 480 5939

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