

Mental Health News

beyondblue is beyond expectations!

The Mental Health News e-bulletin is a daily bulletin issued by the Mental Health Improvement Programme (MHIP) containing an item relating to a Mental Health issue, development or outcome in the North West.

The aim is to bring awareness to our stakeholders about service improvement and innovative projects underway in Mental Health across the North West, and to encourage you (the reader) to act as vehicle for ensuring that you or your organisation is engaged with the work where applicable.

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In [Issue 23](#) of Mental Health News we reported that sites across the North West had been successful in their submission to be a training site for the [beyondblue](#) National Workplace Programme's mental health training for managers. A total of 16 sites had training sessions carried out by Sainsburys Centre's [beyondblue](#) accredited facilitators in October.

Initial analysis on the course feedback from attendees reported that 93% of participants rated the relevance of the sessions as good or excellent. Feedback sheets were received from 292 people over the 16 sessions. In addition:
98% rated the facilitator as good or excellent
88% rated the course length as good or excellent
98% would recommend the training to others

These are exceptional results, and shows the value and interest to the NHS particularly given the majority of the sessions were delivered to PCTs and NHS Provider Trusts. In addition, following the training Sainsburys Centre has had enquiries from 3 PCTs wanting to explore how to make this more widely available in their local area as well an enquiry from a local specialist employment provider. Participants made comments on the feedback sheets which praised the facilitator for an enjoyable, concise and relevant session. There were several comments about making the training an essential part of all managers training. Other comments suggested focussing on further training or having more in depth training on particular topics.

Sainsburys Centre plan to licence the full suite of [beyondblue](#) workplace programmes next year and this means they will be able to offer both a more in depth training session for managers as well as one tailored specifically to people in HR/OH roles. Further analysis of the pre and post evaluation questionnaires which attendees completed is being carried out; this will be reported in a future issue of Mental Health News.

For more information please contact jan.robinson@northwest.nhs.uk or 0161 625 7456

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