

# Mental Health News

## Bank End Barn Project

The Mental Health News e-bulletin is a daily bulletin issued by the Mental Health Improvement Programme (MHIP) containing an item relating to a Mental Health issue, development or outcome in the North West.

The aim is to bring awareness to our stakeholders about service improvement and innovative projects underway in Mental Health across the North West, and to encourage you (the reader) to act as vehicle for ensuring that you or your organisation is engaged with the work where applicable.

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The Bank End Barn Project at Calderstones Partnership NHS Foundation Trust offers outstanding amenities for our service users and the local community.

After two years of hard work by a nurse led multi disciplinary team at Calderstones Partnership a project to convert a derelict barn into a unique educational and recreational resource is complete. Bank End Barn is now being enjoyed by service users, staff and members of our local community.

Thanks to a grant of £30,000 and fantastic support from the Kings Fund “Enhancing the Healing Environment” Programme <http://www.enhancingthehealingenvironment.org.uk/> funds from the Trust and other sources, this £140,000 refurbishment became possible. The barn is a large indoor activity space set in 55 acres of open countryside, equipped for a wide variety of art and environmental activities.

Working in partnership with local services and voluntary agencies is providing social inclusion opportunities for service users and helping to change perceptions of Learning Disability and Mental Health Services. Everyone who spends time at the Barn realises the therapeutic benefits fresh air and green space have on our health and well being.

If you would like to know more about Bank End Barn please contact [ehe@calderstones.nhs.uk](mailto:ehe@calderstones.nhs.uk)

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