

# Mental Health News

## Promoting “World Mental Health Day”

### Staff count!

The Mental Health News e-bulletin is a daily bulletin issued by the Mental Health Improvement Programme (MHIP) containing an item relating to a Mental Health issue, development or outcome in the North West.

The aim is to bring awareness to our stakeholders about service improvement and innovative projects underway in Mental Health across the North West, and to encourage you (the reader) to act as vehicle for ensuring that you or your organisation is engaged with the work where applicable.

View previous news stories by selecting [this link](#)

You can also follow Mental Health News on [Twitter](#)

Cheshire and Wirral Partnership NHS Foundation Trust (CWP) is carrying out a Census as part of their work towards achieving the principles of the Mindful Employer® Charter and as part of their Challenging Stigma Campaign. The purpose is to improve the support that CWP provides to staff who have mental health needs themselves or are caring for someone who does as well as challenging the stigma surrounding mental health and the workplace.

At present CWP do not have a base line of need for their staff which makes it difficult to tailor their Occupational Health and Staff Support services. They are also considering new initiatives including a well-being pool of skilled staff able to support others. CWP feel they need to better understand what staff want and need before they progress.

The census is being launched to coincide with World Mental Health Day. *CWP Count Me In* badges have been designed and seven staff who have experienced mental health conditions volunteered to be in posters encouraging other staff to complete the census, which were posted on the staff intranet.

CWP is committed to the principles of the Mindful Employer® Charter and they hope that other organisations will follow their lead and find ways of assessing the needs of their own staff in order to develop relevant support services.

For more information contact [avril.devaney@cwp.nhs.uk](mailto:avril.devaney@cwp.nhs.uk)

Heard about Mental Health News from someone else? You can receive your very own email by clicking on [SUBSCRIBE](#)  
Had enough of hearing about Mental Health News? You can stop receiving emails by clicking on [UNSUBSCRIBE](#) (note this can take up to one week to take effect).

If you would like more information or have any feedback about this news story, or have suggestions for a future news story please email [INFO](#)