

Mental Health News

No health without mental health

The Mental Health News e-bulletin is a daily bulletin issued by the Mental Health Improvement Programme (MHIP) containing an item relating to a Mental Health issue, development or outcome in the North West.

The aim is to bring awareness to our stakeholders about service improvement and innovative projects underway in Mental Health across the North West, and to encourage you (the reader) to act as vehicle for ensuring that you or your organisation is engaged with the work where applicable.

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Delegates from all disciplines including clinicians, managers, chief executives, service users & carers from Trusts, PCTs and local authorities are expected at the “No health without mental health” conference next week in Manchester to celebrate existing good practice and establish stronger links between mental health and learning disability Trusts in the North West.

The event is being run jointly between the nine Mental Health Trusts in the North West, supported by the North West Mental Health Improvement Programme (MHIP).

To mark the ‘Time to Change’ campaign next week, anti-stigma issues will be on the agenda with Sue Baker, Director of Time to Change, delivering the keynote speech. Ruby Wax, who, as well as being a household name on TV in mostly comedy roles, has experienced episodes of depression for most of her life and will be addressing the audience. “*We need to take the stigma out of mental illness*”, she said. Sir Bobby Charlton, who has backed a number of mental health campaigns, most recently lending his support to the ‘It’s a Goal’ programme, will join delegates at lunchtime to chat and answer questions. Kate Hull Rodgers, Director of HumourUs Ltd, will send delegates home with a thought-provoking and hilarious talk.

During the day 26 best practice seminars, selected from a large number of applications, will be presented over three sessions by a variety of presenters including service users and carers. In addition, each provider Trust has been invited to have an exhibition stand to showcase good practice examples.

Bookings for the conference are closed, but look out for outcomes of the conference in future issues of Mental Health News.

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