

# Mental Health News

## Mental Health Inpatient Survey

The Mental Health News e-bulletin is a daily bulletin issued by the Mental Health Improvement Programme (MHIP) containing an item relating to a Mental Health issue, development or outcome in the North West.

The aim is to bring awareness to our stakeholders about service improvement and innovative projects underway in Mental Health across the North West, and to encourage you (the reader) to act as vehicle for ensuring that you or your organisation is engaged with the work where applicable.

View previous news stories by selecting [this link](#)

You can also follow Mental Health News on [Twitter](#)

The Care Quality Commission (CQC) has just published the first [Mental Health Inpatient survey](#). The report reveals only a third of patients felt involved in their care, there was poor access to psychological therapies and a poor explanation of medications side effects. The report is based on 7,500 people recently discharged from Mental Health Trusts.

The questionnaire was given to patients who had been discharged from the hospital in the previous 6 months if they had stayed over 48hrs on an acute ward or Psychiatric Intensive Care Unit (PICU). 45% of respondents said they felt safe on the ward, 39% said on some occasions with 16% saying they felt unsafe. 85% of respondents did say they felt welcomed on admission with three quarters rating their care as 'good', 'very good' or 'excellent'. Other areas of concern are access to talking therapies, and lack of activities - particularly at the weekend and evenings.

Lady Young, Chairwoman of CQC said 'It is not acceptable for people to feel unsafe in hospital or for them not to be given basic information about their care and treatment'.

To see the results of Mental Health Trusts in the North West you can download the documents here:

<http://www.cqc.org.uk/usingcareservices/healthcare/patientsurveys/mentalhealthservices/feedbackreports-a-z.cfm>

Heard about Mental Health News from someone else? You can receive your very own email by clicking on [SUBSCRIBE](#)

Had enough of hearing about Mental Health News? You can stop receiving emails by clicking on [UNSUBSCRIBE](#) (note this can take up to one week to take effect).

If you would like more information or have any feedback about this news story, or have suggestions for a future news story please email [INFO](#)