

Pathway 6
Management of Women with Serious and Enduring Mental Illness
who become pregnant

Women with SMI on report of pregnancy
IMMEDIATE REVIEW OF CARE PLAN AND NOTE IF ANY HISTORY OF PERINATAL ILLNESS
Review medication etc
Increase contact with CMHT

Immediate Referral to Specialist
Mental Health Midwife (Margaret
Anderton) and Specialist
Obstetrician (Mr Famoriyo) for
increased monitoring.

At 30 – 35 weeks gestation
MDT to formalise **BIRTH PLAN**
CLARIFY RELAPSE SIGNATURE & WARNING SIGNS
Discuss options for feeding in terms of drug usage.
Ensure copies sent to relevant parties – including Liaison and CRHTT
Consider involvement of paediatricians if medication likely to an issue for
baby – low birth weight, drug withdrawal, neonatal irritability etc

DELIVERY

Mandatory Review by CMHT
within 5 days of delivery